

Categories of attendance

Percentages can be confusing and misleading – 80% would get you a first-class Honours degree
 – However 80% attendance means that your child has missed 38 days which is the equivalent of 8 weeks of school – more than a half term!!

Attendance	Days lost	Weeks lost	Impact
100.0%	0	 1 week	Your child attends school and is able to take full advantage of every learning opportunity
99.0%	1.9		
98.0%	3.8		
97.0%	5.7		
96.0%	7.6		
95.0%	9.5	 2 weeks	Your child's absences may result in them falling behind in school. They may need to spend time catching up with missed work
94.0%	11.4		
93.0%	13.3		
92.0%	15.2		
91.0%	17.1	 3 weeks	
90.0%	19		
89.0%	20.9		
88.0%	22.8	 4 weeks	Your child's absences will be having an effect on their education. Your child will be at risk of underachieving and may need extra support from you to catch up with their school work.
87.0%	24.7		
86.0%	26.6	 5 weeks	
85.0%	28.5		
84.0%	30.4	 6 weeks	Your child's has poor attendance. It is likely that there will be a significant impact on their learning.
83.0%	32.3		
82.0%	34.2		
81.0%	36.1		
80.0%	38		

HERO



Here, every day, ready and on time

Minutes lost per day

5 minutes	10 minutes	15 minutes	20 minutes	25 minutes
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equates to a yearly loss of:



Five minutes late per day adds up to three learning days lost in a school year

If 15 minutes late each day you will miss two full weeks of school in one year

Poor timekeeping means less chance of success!

We appreciate that children get ill. Please have a look at this guidance to help you to decide whether your child is well enough to attend school. This is a guide only and you should contact your local pharmacy or GP if you are worried and want to check further.

What to do

Advice on childhood illnesses



Go to school; if needed, get treatment as required



Some restrictions for school attendance



Don't go to school and see the GP

What it's called?	What it's like	Going to school	Getting treatment	More advice
Asthma flare up	Worsening of usual symptoms		Follow your care plan	Stay off school if feeling too unwell
Chicken pox	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school five days after on-set of the rash, or when all lesions are crusted over
Common cold	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
Conjunctivitis	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading*
Flu	Fever, cough, sneezing, runny nose, headache, body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene*
German measles/ Rubella	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards		GP	Back to school four days after the rash has started, if feeling well enough. Please let the school know, as pregnant members of staff may be affected.
Glandular fever	High temperature, swollen glands, sore throat; usually more painful than any before		GP	*
Hand, foot & mouth disease	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		GP	Attend school while monitoring symptoms
Head lice	Itchy scalp (may be worse at night)		Pharmacy	
Impetigo	Clusters of red bumps or blisters surrounded by area of redness		GP	Back to school when lesions crust or 48 hours after start of antibiotics
Measles	Fever, cough, runny nose, watery inflamed eyes, rash		GP	Back to school four days from on-set of rash, and if feeling well enough
Ringworm	Red ring shaped rash, may be itchy, rash may be dry and scaly or wet and crusty		Pharmacy	
Scabies	Itching rash, commonly between fingers, wrists, elbows, arm		GP	Back to school after first treatment
Scarlet fever	Fever, unwell, red tongue, sandpaper rash		GP	Exclusion period during first 24 hours of antibiotics*
Shingles	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		GP	Only stay off school if rash is weeping and cannot be covered
Sickness bug/ diarrhoea	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	Contact GP if symptoms persist after 48 hours
Threadworms	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
Tonsillitis/ Strep throat	Intense sore throat for more than 1 day		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow. Only need to stay off school if feeling too unwell
Whooping cough	Violent coughing, with a 'whoop'		GP	Exclusion period during first five days of antibiotics
Covid				Visit www.nhs.uk for latest guidance

*Attend school while monitoring symptoms.