



CLAREMONT PRIMARY SCHOOL NEWSLETTER FRIDAY 20th MARCH 2026

Dear Parents and Carers,
Welcome to this week's Newsletter – I would like to take this opportunity to wish all of our children, families, friends and colleagues who are celebrating Eid today "Eid Mubarak"! I hope that you have a peaceful and happy day with your families. We will be celebrating Eid and easter as a school next week, so please keep an eye on ClassDojo for any updates. It is also Parents' Evening next week. If you have signed up for an appointment yet, you can do so by contacting your child's class teacher directly now. I am delighted to be welcoming Mrs Cutler back to school from her maternity leave next week. I'd like to thank Mrs Cundy for all of her hard work whilst Mrs Cutler has been away and look forward to working with both of them during the Summer term and beyond. Next week is the final week of this term and I encourage you all to please make sure that your child attends every day. Consistent good attendance is absolutely vital to our children making as much progress as possible – anything less than 95% is considered below our expectation – so please make every effort to bring your child to school on time every day.

Best wishes,
Rob Campbell
Headteacher

Attendance:

Our attendance target is 96 %
This year's attendance so far is 92.9%



Dates for your diary:

24th and 26th March – Parents' Evenings
27th March – Final day of the Spring Term
13th April – First day of the Summer Term
22nd – 28th April – Book Fair in school
4th May – Bank Holiday
11th – 14th May – Year 6 SATs
22nd May – last day of Summer $\frac{1}{2}$ Term 1
1st June – Teacher Training Day
2nd June – First day back for the second $\frac{1}{2}$ of the Summer Term

Farewell Miss Davis

Next week marks a really significant and sad day for Claremont. On Friday 27th march, we say goodbye to Miss Davis, our long-serving and much loved Deputy Headteacher. Miss Davis started her teaching career here 15 years ago and a newly Qualified Teacher. During that time she has grown into an excellent practitioner, skilled at teaching children and sharply focused on the welfare with the ultimate aim of improving their future life chances. She is also a fabulous school leader, with a keen eye for strategy and the children at the forefront of her thoughts. Miss Davis is a champion for the children and a key advocate for all of our members of staff. She Davis has been responsible for the teaching of literally thousands of children in our community and will be missed by us all. Our loss is Berridge Primary School's gain and we all wish Miss Davis the very best for the future. I have no doubt that Miss Davis will be a huge success there.

Whilst we advertise for a new Deputy headteacher, Mrs Cundy will be helping me out as our Interim Deputy Headteacher.

Safeguarding children is everyone's responsibility. At Claremont, we are committed to keeping our children safe from harm. Mr Campbell, Miss Davis, Mrs Cundy, Mrs Khan, Mr Greaves & Mrs Eager have responsibility for safeguarding and child protection. If we have any concerns reported to us, we will always take action to protect a child and inform the relevant agencies where necessary..



What have we been learning this week?

Nursery and Reception had a wonderful experience with the animals from White Post Farm.

Year 1 also met the animals, including a mouse called Marshmallow!

Year 2 met an enormous millipede!!!



Year 3 are coming to the end of their swimming lessons and have been reflecting on their progress in the pool.

Year 4 have been celebrating the success of their behaviour charts with several pyjama days and other rewards.



Year 5 visited the New Arts Exchange and took part in a range of art, music and cultural activities.

Year 6 have been working hard to build on and revise their reading, maths and GAPS skills as we count down to the SATs exams in May.

Acorns have been learning about Eid, making Moon and Star collages.

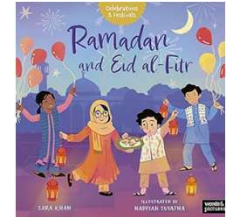


Recommended Reads



The Kindest Red by Ibtihaj Muhammad and S K Ali Faizah tries to create a world of kindness in her school playground

Ramadan and Eid al-Fitr by Sara Khan Join Raya and her mama and aba as they enjoy iftar and share their cooking



The Best Eid Ever by Sufiya Ahmed A delightful introduction to Eid al Fitr and Ramadan



Parents' Evenings and survey

Next week we have our termly Parents' Evenings. I am looking forward to seeing as many of you there as possible. It is a really important time to come into school, catch up with your child's teacher and look at the work that they have been doing this year. It is also a chance for you to ask us any questions about your child's learning and progress. This will be supported by our PTFA who will be providing some refreshments.

I am also seeking your views about school attendance. Please click the link to undertake this survey where I will be seeking your views about school attendance and what we can do to help you. Find the survey here: [Attendance and Punctuality Questionnaire – Fill out form](#)

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Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here –

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Cayley Jergensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of *Engage Support*, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



National
Online
Safety

#WakeUpWednes